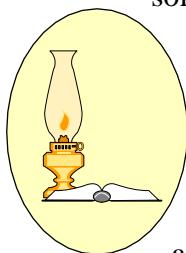




Truth Brings Perfect Peace



We can have set ways of thinking that are wrong, but we don't know they are wrong – sometimes for years – and then one day – we hear a few words and truth breaks through like a light that exposes our wrong thinking. That's exactly what truth is, a light that exposes wrong thinking.



Truth is never in a hurry. It comes little by little, not all at once. There is an urgency in wrong thinking, but there is peace in the truth. It is learned line upon line, here a little, there a little. That's how we learn – and no one ever learns it all. To know all truth would make us perfect. One day we will be perfect, but not in this life, unfortunately.

All we can do in seeking truth is to keep following the commandments of Jesus. He, and He alone, is the Way, the Truth, and the Life. He said to those who believe on Him, "*If you continue in my Word, then you are my disciples indeed; and you shall know the truth, and the truth will set you free!*" (John 8:32)

Truth is the key that unlocks the door of mental and emotional bondage. Jesus said, "*When the Spirit of truth has come, He will guide you into all truth.*" (John 16:13) We can totally trust Him to light our path and guide our steps through life as a faithful Shepherd.

Knowing that we are being guided each day by our gentle Shepherd who never leaves us along the way, and lets no other shepherd take us – we can walk each day in perfect peace and sleep each night, no matter how dark or stormy, in undisturbed composure – because our faithful Shepherd lays Himself across the door of the sheepfold where His flock abides – so no intruder may enter to disturb our rest.



The Bible says, "*You (God) will keep him in perfect peace, whose mind is fixed on you: because he trusts in you.*" (Isaiah 26:3) This is what the world is searching so frantically for in tranquilizers, alcohol, mind altering drugs, sexual promiscuity, constant seeking for pleasure – anything to escape their troubled mind – and we have the answer. The world will try anything, except God.

Because where we deal with life's problems is in our mind, the mind searches for answers based on what it knows. This is why it is so important for our mind to know the truth, otherwise it will come up with the wrong answers. Our mind scans back and forth looking for a solution – restlessly scanning over and over – building thoughts and imaginations out of the material it has to work with.

(Cont'd)

If the material stored in the mind is wrong, or incomplete, then the answer it comes up with will be wrong or incomplete. It won't know it's wrong until the correct information, the truth, has been put in the mind. If truth is not added, the problem is not solved and it becomes a stronghold, a thought prison, in the mind. It will remain there as unfinished business, unresolved for lack of truth.

That's what problems are – unfinished business – whether it's from the present, or from



years ago. From childhood issues that can remain locked in our mind because we have never found out the truth about what caused our painful memories, to the relationship that was broken with your friend while you were having lunch yesterday, can be causing your mind to frantically search for what went wrong, but no answer can be found because the truth has not been revealed to bring understanding.

Peace of mind can only come from within us where truth is revealed. Nothing from the outside can give it to us – not money, not cars, not worldly pleasures – only that which is within, which is the Kingdom of God, the source of all truth and perfect peace. (Luke 17:21)

Peace is a beautiful word with many comforting words to describe it, such as: safe, well, secure from harm or danger, happy, friendly, prosperity, rest, quietness, set at one again, undisturbed, untroubled, an absence of strife.

This kind of peace only comes if our thoughts are fixed on God. It doesn't depend on whether people like you, or your abilities, or your possessions, or your children, or your husband, or your lack of one, or any other circumstances. It only depends on God.

It can't be bought with money – it is a gift from God. It only comes by first accepting Jesus as Savior, and then letting His Holy Spirit reveal truth to you of who you are in Him. Then we can stand up and boldly say – I'm safe, I'm standing my ground, I'm secure because He is keeping me there in perfect peace.



Truth Brings Perfect Peace

1. What is truth?

2. How do I find truth?

3. If I continue in His Word what will happen?

4. How does our faithful Shepherd protect His flock?

5. When my mind is fixed on God, what will He do?

6. Where do we deal with life's problems?

7. Why is it so important for my mind to know the truth?

8. If truth is not added, what happens to a problem?

9. Where is the only place peace of mind can come from?

10. What will the truth do for me? (John 8:32)

(The answer to this question will be your memory verse)

MEMORY VERSE _____

Truth Brings Perfect Peace

1. What is truth?

A light that exposes wrong thinking.

2. How do I find truth?

Follow the commandments of Jesus.

3. If I continue in His Word what will happen?

You will know the truth and the truth will set you free.

4. How does our faithful Shepherd protect His flock?

He lays Himself across the door of the sheepfold.

5. Where my mind is fixed on God, what will He do?

Keep me in perfect peace.

6. Where do we deal with life's problems?

In our mind.

7. Why is it so important for my mind to know the truth?

Otherwise it will come up with the wrong answers.

8. If truth is not added, what happens to a problem?

It is not solved and becomes a stronghold in my mind.

9. Where is the only place peace of mind can come from?

Within me.

9. What will the truth do for me? (John 8:32)

MEMORY VERSE "If you continue in my Word, then you are my disciple indeed and you shall know the truth and the truth will set you free."