



Jesus Sets You Free



“Jesus was teaching in one of the churches and there was a woman there who had a spirit of infirmity eighteen years. She was bent completely forward and could in no way straighten herself or look upward. And when Jesus saw her, He called her to Him, and said to her, ‘Woman, you are loosed from your infirmity.’” (Luke 13:10-12)

If she could be loosed, that meant she had been bound, unable to get free, from something that had attacked her 18 years earlier. She was still experiencing the long range after-effects of past pain in her life. Many of us can relate to trauma in our own lives that is as fresh in our minds as the day it occurred.

The wonderful thing about the Bible is that whatever blessing or gift of mercy you see given to a person, is also given to you. We know this because in Hebrews 13:8 we are told that *Jesus Christ is the same yesterday, today and forever*. And in James 1:17; *Every good and perfect gift is from above, and comes down from the Father of lights, in whom there is no variation or shadow cast by His turning*.



The woman being loosed from her infirmity was a gift of healing. Healing is a gift that God gave to all mankind. Our bodies have the ability to heal themselves, but we have an enemy described in John 10:10 who comes to steal, kill and destroy the healing God provided. But God never changes. His gifts can never be called back – He never withdraws them once they are given, and He does not change His mind about those He gives His grace to. (Romans 11:29) Therefore, our problem is with our enemy.



The greatest gift God ever gave us was Jesus, His Son. Jesus is the Word (all the promises) of God made flesh. (John 1:1) So when the Bible says, Jesus is the same yesterday, today and forever, it is saying the Word of God is the same yesterday, today and forever! If the woman could be loosed, then we can be loosed.

Although, our problems may have their roots in the past, the prescription for their healing is a Word from God, now! When we struggle with infirmities of any kind, physical or emotional, they affect many other areas of our life. They create an inner void that makes us reach out, sometimes unwisely, to anyone we think can make us feel better.

Jesus understood this. *One day Jesus stopped by a well for water. A woman was there and Jesus said to her, “go call your husband.” She said, “I have no husband.” Jesus replied, “You said it right when you said ‘I have no husband, for you have had five husbands; but the man you are now living with is not your husband.’” (John 4:18) Jesus did not criticize her, or condemn her. He understood she was using other people to numb the dull aching of her inner search for love and healing. He gave her love and healing for her wounds by the words He spoke to her, telling her he was the Son of God.*

(Cont'd)

He offers the same love and healing for you and me today! That's the good news, that's the gospel! Jesus is alive. The Word of God is alive! There is nothing the Word of God cannot heal. Jesus is our healer. Emotional infirmity and low self-esteem may be caused by child abuse, rape, wife abuse, divorce, criticism from others, self-criticism, the list goes on.

These are things that happen in the natural, but they produce spiritual ailments. All of these things represent a tearing apart of a relationship – perhaps the worst is the last one – when we tear apart our own relationship with our self. Whenever something is torn apart, violence has taken place. Healing does not come easily to broken hearts and torn relationships.



The “bent over” woman that Jesus healed had tried for years to lift herself up. People on the outside can easily criticize and say a woman who can't lift herself up lacks effort and courage. But there are some situations where will power just won't do it.

There are some situations where only a Savior can lift us up and make us well. God knew this 2,000 years ago when mankind had become so sick and wretched that it had turned completely away from Him and refused His Word.



For 400 years (between the Old Testament and the New) there was no word from heaven at all. Then suddenly the angel of the Lord appeared to shepherds one glorious night; and the glory of the Lord shined around them, and the angel *said*, “Behold, I bring you good news of great joy which will come to all people, for a Savior is born to you this day, who is Christ the Lord!”

When we receive Him into our hearts, He becomes our healer, our deliverer, our beloved friend, and He fulfills every need we have for an abundant, joyful life. Make Him your Savior and Lord today!

“For God so loved the world, that He gave His only begotten Son, so that whoever believes in Him shall not perish or be lost – but will have everlasting life.”
(John 3:16)



Jesus Sets You Free

1. What was the “bent over” woman set free from? (Luke 13:10-12) _____

2. When did her problem start? _____
3. How do we know we can be healed from problems too? (Hebrews 13:8) _____

4. Does God ever take back His gifts that he gives us? Yes _____ No _____
5. How do we know that? (James 1:17) & (Romans 11:29) _____

6. What is another name for Jesus? (John 1:1) _____
7. What is the prescription for healing our problems? _____
8. If Jesus knew all about the woman’s 5 husbands and live in boyfriend, do you think He knows all about you? _____
9. If He offered her love and forgiveness, what is He offering you? _____

10. Is it easier to believe that physical problems can be healed than spiritual problems? Yes _____ No _____ Why? _____

11. When will power won’t work, what do you need? _____
12. Who is the healing Savior sent from God? (John 3:16)
(The answer to this question will be your memory verse)

MEMORY VERSE: _____

Jesus Sets You Free

1. What was the “bent over” woman set free from? (Luke 13:10-12) A spirit of infirmity that had her bound.
2. When did her problem start? Eighteen years before.
3. How do we know we can be healed from problems too? (Hebrews 13:8) Because Jesus healed her and Jesus is the same, yesterday, today and forever.
4. Does God ever take back His gifts that he gives us? Yes___ No X
5. How do we know that? (James 1:17) & (Romans 11:29) Because every good and perfect gift is from above, and comes down from the Father of lights, in whom there is no shadow of turning. The gifts and the calling of God cannot be called back.
6. What is another name for Jesus? (John 1:1) The Word of God
7. What is the prescription for healing our problems? A Word from God.
8. If Jesus knew all about the woman’s 5 husbands and live in boyfriend, do you think He knows all about you? Yes
9. If He offered her love and forgiveness, what is He offering you? Love and forgiveness.
10. Is it easier to believe that physical problems can be healed than spiritual problems? Yes___No X Why? Because Jesus heals our soul as well as our body.
11. When willpower won’t work, what do you need? A Savior
12. Who is the healing Savior sent from God? (John 3:16)

MEMORY VERSE: “For God so loved the world that He gave His only begotten Son so that whosoever believes in Him shall not perish but have everlasting life.”