

## Josie's Story . . .

When I came to the Sheepfold I came for safety reasons. I had been in a domestic violence relationship for 5 ½ years. I was broken inside and my heart was cold and numb towards feeling anything. I didn't want anything to do with God because I had been holding on to my pain for so long that it became a comfort blanket for me.

I met my daughter's father and we had a beautiful little girl, but I didn't know how to be a mother. So instead I got heavily into drugs in order to block out the shame I felt for not being a good mother. I was so lost in my hurt, guilt and shame that I was drowning in regret and sin.



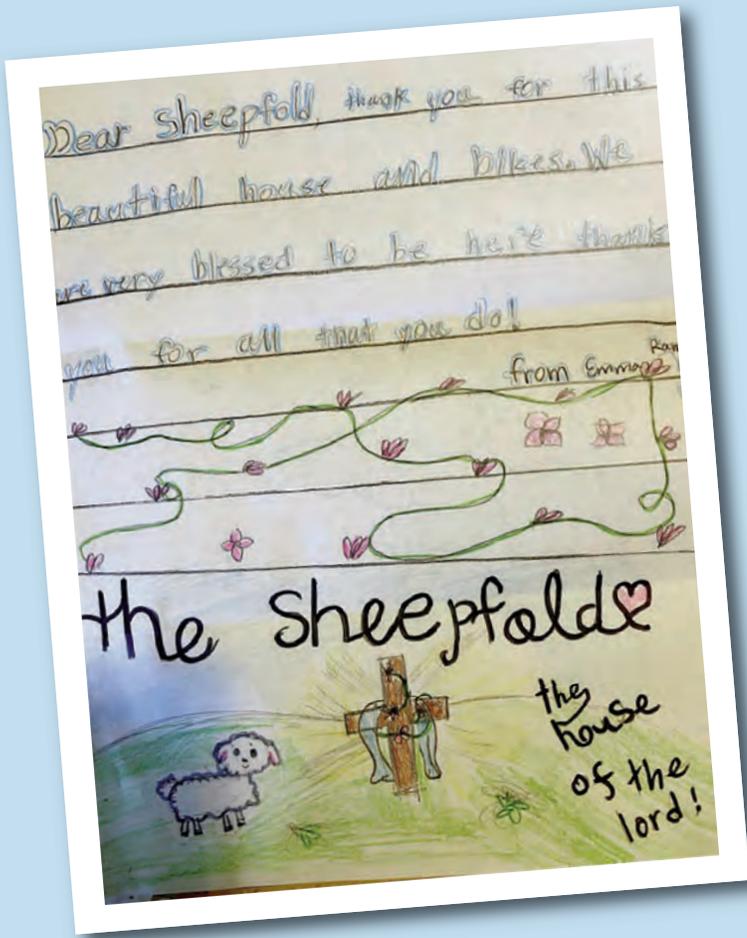
Today, I'm humbled and thankful to God for all that He has done and continues to do in me and my children's lives. God has restored my family, my health, my mind and my soul. My God is a promise keeper, there is nothing that I can compare to His love. He has brought me from darkness and saved me from hell.

I know I'm not even close to where God wants me to be, but I'm on my way. I'm free and I have peace and joy. God loved me when I didn't love myself, he placed me here in the Sheepfold with Godly women, who showed me what Christ's love really looks like. I no longer have to live in shame and guilt. God has shown me to be worthy in his eyes regardless of the circumstances. I know that God is in control, so now I can let go.

—*Josie*, Sheepfold Mom

**Happy Mother's Day!**

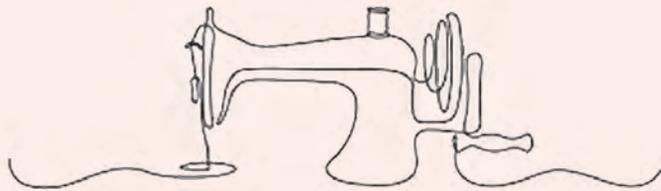




## A Stitch in Time . . .

Here at the Sheepfold we love having our Residents learn and grow in all aspects of life. We are grateful for the unique opportunities offered to them so they can broaden their life skills.

Sewing is one of those unique skills that few of us learn these days. For our Residents having the ability to sew, even in simple ways is empowering. Having a new tool under their belt to care for themselves and their family in a fun way is a wonderful gift.



**If you know someone in Domestic Violence, please have them call the National Domestic Violence Hotline 800-978-3600 or the Sheepfold 877-743-3736**

Shop or Donate New or Gently Used Goods at  
Sheepfold Boutique, 810 N Tustin Street, Orange CA 92867

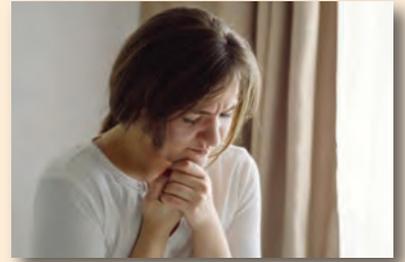
## Prayer Request

During Bible study we ask our moms if they have any prayer requests. Often they ask for strength to make it through each day, that their kids will feel loved and whole again and they give thanks to God for providing for them.

One of our Mom's said she would like pray, but didn't know how. I encouraged her to just start talking to Him like we're talking to each other. She said, "okay" and started to talk to her Father. It was beautiful and special listening to her. She cried as she spoke with Him because of the intimacy prayer brings. (Jeremiah 29:12)

He already knows everything about us. He just waits for us to reach out to him. We don't have to be super intellectual or spiritual. It's as simple as you talking to me. If you haven't reached out to your Father lately, I would like to encourage you to speak with Him. He is waiting to hear from you! He loves us all so much! (John 3:16)

—*Chrissy*, House Manager



Mom life  
is the  
Best life



**We Love Celebrating Mother's Day!**

To make a donation, please use the enclosed envelope or visit [thesheepfold.org/donate](https://thesheepfold.org/donate).

OR, TEXTING (714) 942-5560. Thank You for your generosity!!

The Sheepfold



P. O. Box 4487 • Orange, CA 92863  
(714) 237-1444 Orange County  
877-Sheepfold  
Fax (714) 237-1440  
email mail@thesheepfold.org  
ADDRESS SERVICE REQUESTED

*“Though I fall,  
I will rise again.  
The Lord will be my light.*

~ Micah 7:8

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
Buena Park, CA  
Permit No. 88

May 2022

## Towels, Towels, Towels

We had an overwhelming response to our new towel drive.

We send huge thanks to all of you that donated.

Our families are truly enjoying their new towels,  
and we are all extremely grateful for your generosity.

**Thank you all so much!**



LIKE US ON   
[www.facebook.com/thesheepfold](http://www.facebook.com/thesheepfold)

FOLLOW US ON  &   
[www.twitter.com/the\\_sheepfold](http://www.twitter.com/the_sheepfold) [the\\_sheepfold](https://www.instagram.com/the_sheepfold)