



Do You Have An Attitude?



Yes! You have an attitude.

We all have an attitude. Attitude is an outward physical expression of strong inward feelings. An attitude can express a lot of different feelings and each has it's own particular look. A child may have a defiant attitude and stick out his tongue to show it. An attitude of depression will show itself as a sad, downcast face and drooping shoulders. An angry attitude will have blazing eyes, flared nostrils, clenched fists and clenched teeth. A loving attitude will have a soft, tender expression, open arms and gentle touch.

A humble attitude is expressed by a quiet dignity in spite of wrong that was done. Jesus is such a great example of an attitude of humility – just listen to this: *“Let this same attitude and humble mind be in you that was in Jesus – let Him be your example of an attitude of humility.”* (Philippians 2:5 AMP)



Attitude is a choice. Jesus didn't have to let rough, hardened and cruel Roman soldiers grab Him, slap Him, spit on Him, pull out His beard, plunge thorns in His scalp and ridicule Him. He could have spoken one word and legions of angels would have brought down fire from heaven, killing every mocking, tormenting soldier. But, if Jesus had chosen an angry, defiant attitude, instead of one of humility we would all be lost and going to hell because there would be no Savior.

Your attitude is a choice you make. Your circumstances may not change, but your attitude about them can. It's up to you. The kind of day you will have today will be the result of your attitude about your day. What you see and what you think determines what you get!

Your mind conditions you to see things based on your past experiences in life. Two people can see the same thing and each see something entirely different. Two mothers can see their children running toward them from a distance and hear them yelling. One mother thinks something has happened and the children are running in fear toward her for help. The other mother thinks they are having a race and are all excited about who will get to her first.



All of our thinking perceptions are based on fear or love. Someone raised with criticism will fear disorder with things out of place, because it makes her feel out of control and fearful of an imaginary punishment. While another woman may joyfully see disorder as a sign of life being lived. Your mind will tell you what to think about what is happening. If you are lonely, your mind is thinking lonely thoughts with fear of loss of love. Fear of not succeeding will make you not succeed.

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Because whatever you think about what you see or hear will determine the outcome of your life, God has given us Scripture to help us think correctly without distortions of fear, but we are the ones who have to see and hear them with faith in order for our thinking to change.

“Do not be conformed (think like) this world, but be transformed (from a hairy caterpillar crawling along in life, to a lovely gossamer-winged butterfly, beautifully shimmering in the sunlight, resting on roses and beautiful flowers) by the entire renewal of your mind by its new ideals and new attitudes so you can know what is the good, acceptable and perfect will of God for your life.” (Romans 12:2)



“Living as becomes you – with complete (Christ-like) humility and meekness (unselfishness, gentleness, mildness) with patience putting up with one another and making allowances for one another because you love one another.” (Ephesians 4:2 AMP)

The situation may never change, but you can change in it, by what you choose to think – disconnect from people who put you down and make you feel bad. Just decide to love people – let them see Jesus by your example. Let your children see love and faith, not fear. The devil does not want you to love.

There are only two basic emotions: love and fear. All emotions branch off from these two. Everything we feel and do comes from our attitudes based on one or the other of these.

Peace of mind is only possible through love. Love will override the past and make it powerless to hurt anymore. It's really not people that upset us, it's our attitude about people. Change in your life begins with the healing of your attitude.

In childhood we are taught that love is based on performance. A's are good. F's are bad. We approach God the same way. Trying to perform right so He will love us. This leaves us feeling empty, lonely, unlovable and fearful of love because we can never earn it. He never wants us to try to perform. He just wants us to love Him. To experience oneness with Him, and He will do a good work in us by His Holy Spirit to perfect and mature us.



God has forgiven every living human being by the blood of Jesus on the cross. You must have an attitude of forgiveness. God does not make critical judgements. You must not have a critical, judgmental attitude deciding based on your own fearful thinking, who's good, who's bad, who's right (like you), and who's wrong.

“Perfect love casts out fear. We love Him because He first loved us.” (1 John 4:18,19)



Do You Have An Attitude?

1. What is an attitude? _____

2. What kind of attitude did Jesus have? _____

3. If Jesus had chosen an angry attitude what would have happened?

4. Who decides what my life will be like? _____

5. What two things are my perceptions of life based on?

6. How can I stop thinking the way the world thinks?

7. Does my situation have to change before I can change my thinking?

8. What is the only possible way to get peace of mind?

9. What can I do to make God love me? _____

10. Why must my attitude be forgiving and not judging?

11. Why do we love God? (1John 4:18.19)

(The answer to this question will be your memory verse)

MEMORY VERSE _____

Do You Have An Attitude?

1. What is an attitude? An outward physical expression of strong feelings.
2. What kind of attitude did Jesus have? Humility.
3. If Jesus had chosen an angry attitude what would have happened?
We would all be lost and going to hell because there was no Savior.
4. Who decides what my life will be like? I do!
5. What two things are my perceptions of life based on?
Fear Love
6. How can I stop thinking the way the world thinks?
Be transformed by renewing your mind.
7. Does my situation have to change before I can change my thinking?
No, you can change in it.
8. What is the only possible way to get peace of mind? Through love.
9. What can I do to make God love me? Just love Him.
10. Why must my attitude be forgiving and not judging?
Because God forgives and does not judge.
11. Why do we love God? (1John 14:18,19)

MEMORY VERSE "Perfect love casts out fear. We love Him because He first loved us."